



Europe for Citizens  
Programme

### VIT international conference

11-12th October 2012, Varna (Bulgaria)

#### “2012 - European Year for Active Ageing and Intergenerational Solidarity”

How citizens through volunteering may contribute to the enhancement of the communities' governance

*VARNA hall, Varna City Hall building ; «Osmi primorski polk» bld. No.41, 9000 Varna, BULGARIA*

#### Introduction

The conference is organized in the framework of the **VIT project** which is financed by the EC and which deals with volunteering and democracy in an enlarged Europe.

It seeks to promote volunteering in various European cities, raising debates on questions of active citizenship and participation. 19 partners – local and regional authorities, NGOs and associations – in the whole of Europe are working together during a period of three years. They are organizing series of conferences and workshops to reflect on how an active citizenship can improve European governance. Through this a platform of debate will be created collecting tools and good practices used by the regional and international actors involved.

The workshop in Varna, Bulgaria will take place on 11 and 12 October 2012 and will deal on “How citizens through volunteering may contribute to the enhancement of the communities' governance”.

The conference will focus on the **Interaction between the generations and the potential opportunities for the elderly people**, also on the **Public health care for the longevity of the elderly people**.

The event will be held in Bulgarian and English and will invite a variety of experts, representatives of NGOs, local governments and others.

#### October 11, 2012 (Thursday)

13.30 - **Registration of the participants**  
**Exhibition of paintings and hand made souvenirs, by elderly people from the region**

14.00 – **Official opening, Welcome addresses**

17.30 Antonella Valmorbidia, Director of ALDA, tbc  
Mariana Kancheva, Executive Director of UBBSLA  
Prof. Bozov, Deputy Mayor, Varna Municipality

#### **Interaction between the generations and the potential opportunities for the elderly people**

Prof. D-r Genoveva Mihova

*Discussion with participation of foreign students, chaired by Prof. D-r Mihova*

#### **Public health care for the longevity of the elderly people**

Prof. D-r Krasimira Kissyova

*Discussion with participation of foreign students, chaired by Prof. D-r Kissyova*

#### **Tendencies to longevity and active life for elderly people**

Prof. D-r Nevyana Feschieva

*Discussion with participation of foreign students, chaired by Prof. D-r Feschieva*

18.00 **Wine testing and dinner in restaurant “Darzalas”, Chernomorets hotel, Varna**



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### **October 12, 2012 ( Friday)**

10.00      **Registration of the participants**  
**Exhibition of hand made souvenirs, by elderly from the region**

10.30      **The activities of the Bulgarian Red Cross**  
Mrs. Sirakova

#### **Social projections and European perspectives in the services, provided by the NGOs for the elderly people and the interaction between the generations**

Prof. Yordanka Nencheva, Association « To save the woman »

Discussion with the participation of :

Prof. Nadya Kostova, Chairperson of the Society of the enterprises

Mr. Petar Vachev, leader of the Young business innovators

Mrs. Zheni Georgieva, Union of the pensioners

12.30      Lunch in « NOTI » restaurant, Varna

### **Practical information:**

#### **Travel and accommodation costs of international participants:**

The participants will be responsible for their travel and accommodation costs. However, the organizers are trying to offer possibilities for home stay for the international participants. If you are interested to be hosted by one of our locals, please contact Mrs. Polina Antonova from UBBSLA ([coordinator@ubbsla.org](mailto:coordinator@ubbsla.org))

#### **Registration and contact person:**

Participation in the conference/workshops is for free, but all participants need to sign up by e-mail by 05 October at the very latest:

Mariana Ivanova (Project Coordinator of the VIT Project, UBBSLA)

e-mail: [office@ubbsla.org](mailto:office@ubbsla.org)

Móbile: +359 888 601 500

More information on the VIT project can be found on the website of the Association of Local Democracy Agencies (ALDA), the lead partner of the project: [www.alda-europe.eu](http://www.alda-europe.eu)