



PlayMore!



2nd PlayMore! United International Workshop

14-15-16 September 2023

PlayMore! Sports Center - Via della Moscova, 26

| DAY 1 PlayMore! Experience | | |
|--|-----------------------------|--|
| <i>Where: PlayMore! - Via della Moscova, 26/A, 20121 Milano MI</i> | | |
| 15:30 | Visit PlayMore! | |
| 17:00 | RunChallenge | <i>Bring comfortable shoes and clothes so that you can walk for 45 minutes</i> |
| 19:00 | AperiPlay & Dinner Together | <i>Bring your best smile!</i> |

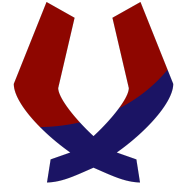
| DAY 2 Training | | |
|--|---|---|
| <i>Where: PlayMore! - Via della Moscova, 26/A, 20121 Milano MI</i> | | |
| 10:00 | Exchange of practices | <i>Share your Inclusive Sport practices Debate the role of volunteers</i> |
| 13:00 | Lunch together | |
| 14:30 | Exchange of practices | <i>Follow-up</i> |
| 16:00 | Free Time (we will be having activities for local volunteers and refugees) | |
| 20:00 | Dinner together | |



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| DAY 3 Sports training | | |
|--|---------------------------|---|
| <i>Where: PlayMore! - Via della Moscova, 26/A, 20121 Milano MI</i> | | |
| 10:00 | Inclusive Sports Training | <i>You will play Futsal, Basketball, Beach Volley and do some Fitness... dress accordingly ;)</i> |
| 13:00 | Shower & Lunch together | |
| 15:00 17:00 | Conclusions | |



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