

STUDY VISIT THESSALONIKI

09/02-13/02

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Co-funded by
the European Union



Who We Are

United Societies of Balkans (USB) is a **non-profit, non-governmental organization** based in Thessaloniki, Greece and it was founded in 2008. The organization operates based on the **principles** of non-discrimination, equal participation, solidarity, integrity, inclusion, equality, transparency, volunteerism, respect for human rights, and environmental awareness and responsibility — regardless of the personal, social, or cultural characteristics of each individual.

Vision

A society where all young people, especially those from vulnerable groups, experience mental and social well-being, are recognized as agents of change, and actively participate in shaping sustainable, fair, and inclusive local communities.

Mission

To empower young people and vulnerable groups through education, awareness-raising, intervention, and volunteering programs, promoting their mental and social balance within a multicultural and inclusive environment.



Practical Information



Dates of the Study Visit in Thessaloniki:

- Arrival Date: 9 February 2026
- Working Dates 10-12 February 2026
- Departure Date: 13 February 2026

Participants of the Study Visit:

In total 25 participants from Cyprus, Greece, Italy, France and Portugal.

Each country is sending 5 participants (4 young people + 1 youth worker).

Communication & Logistics:

All participants should **fill in this form** as soon as they're selected with the information required.

For any information, you can get in touch with us via sofia.zangana@usbngo.gr

To facilitate communication, a week before the Study Visit we will create a WhatsApp Group and share the link with all participants.

Meals:

The first meal that we will provide will be the dinner on the arrival day 09/12, and the last one the breakfast on the departure day 13/12.

The breakfast will be at the accommodation, the Lunch and Dinner will be at **Mamma's Cooking** (Klisouras 11) and coffee breaks will be provided for all participants based on their needs.



Travel Reimbursement



Travel expenses for each participant will be reimbursed **up to the maximum amount**, with calculations, set by the Erasmus+ progr. (2024), based on the official European distance calculator.

The transfers for the reimbursement will be performed as a group to **each partner organization**.

Travel Reimbursement Process	
Cyprus	309€
Italy	309€
France	309€
Portugal	395€

For the reimbursement to take place we need the participants to upload their **bookings, boarding passes, tickets (bus, train, etc)** on Drive and send them to finance@usbngo.gr and in case they have originals, they should *bring them to Thessaloniki or send them by post at our organisation's address* (United Societies of Balkans - Al. Delmouzou 8, Thessaloniki 546 35).

Later on, the Finance Department of USB will send an email to the selected participants with important information regarding the travel reimbursement.

...what does it mean "reimburse up to the travel limit"? What happens if my travel plan exceeds the travel limit?

The travel limit is the maximum amount of money set for a travel plan for one participant from/to a specific country.

USB will reimburse you up to your travel limit and you will have to cover by your own means the additional expenses. For example, if your travel limit is 309€ and you spend 380€, USB will reimburse you 309€.

Youth Social Act & Study Visit

The **Youth Social Act project** promotes alternative forms of **active social and civic youth participation in democratic life**. The project aims to promote alternative forms of active social and civic youth participation in democratic life, at local level, by supporting youth initiatives co-designed, co-created and implemented by young people for young people.

The six main priorities include youth diversity, equality, equity and inclusion, involvement in decision-making processes, youth social inclusion and integration, sustainable green societies and youth, healthy youth lifestyles, as well as cultural and creative youth diverse expressions.

During the Study Visit in Thessaloniki, we will explore **practical youth activities** organized promoting active citizenship and involvement in local governance.

On the second day of the study visit, we will organise an **Intercultural Night**, where we will learn new things about each other's countries and culture. Therefore, we kindly ask you to **bring some snacks from your country, and symbols** if you wish to.

The Detailed agenda will be shared with you a week or two prior to arrival.



Airport

The easiest way to get to Thessaloniki is by a direct fly to the city's airport called "Thessaloniki Airport Makedonia" (<https://www.skg-airport.gr/en>), serving both international and domestic flights. Most major airline companies have direct flights to Thessaloniki or flights via Athens.



How to reach the city centre

The airport is served on a 24-hour basis OSETH, public transport; To reach the city centre of Thessaloniki please take bus number **X1 or N1 (night bus)** which stops also in key central stops such as Aristotle square.

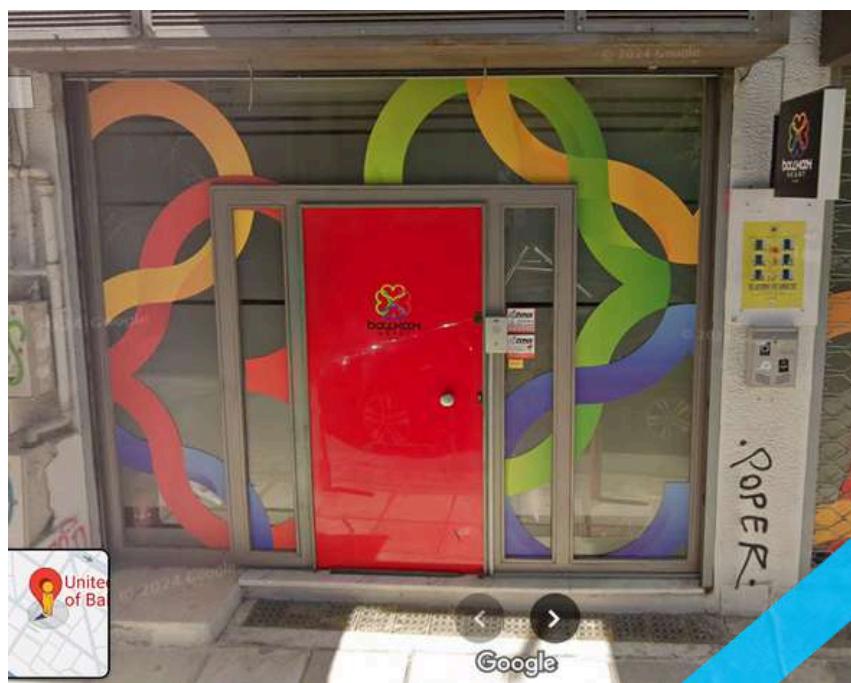
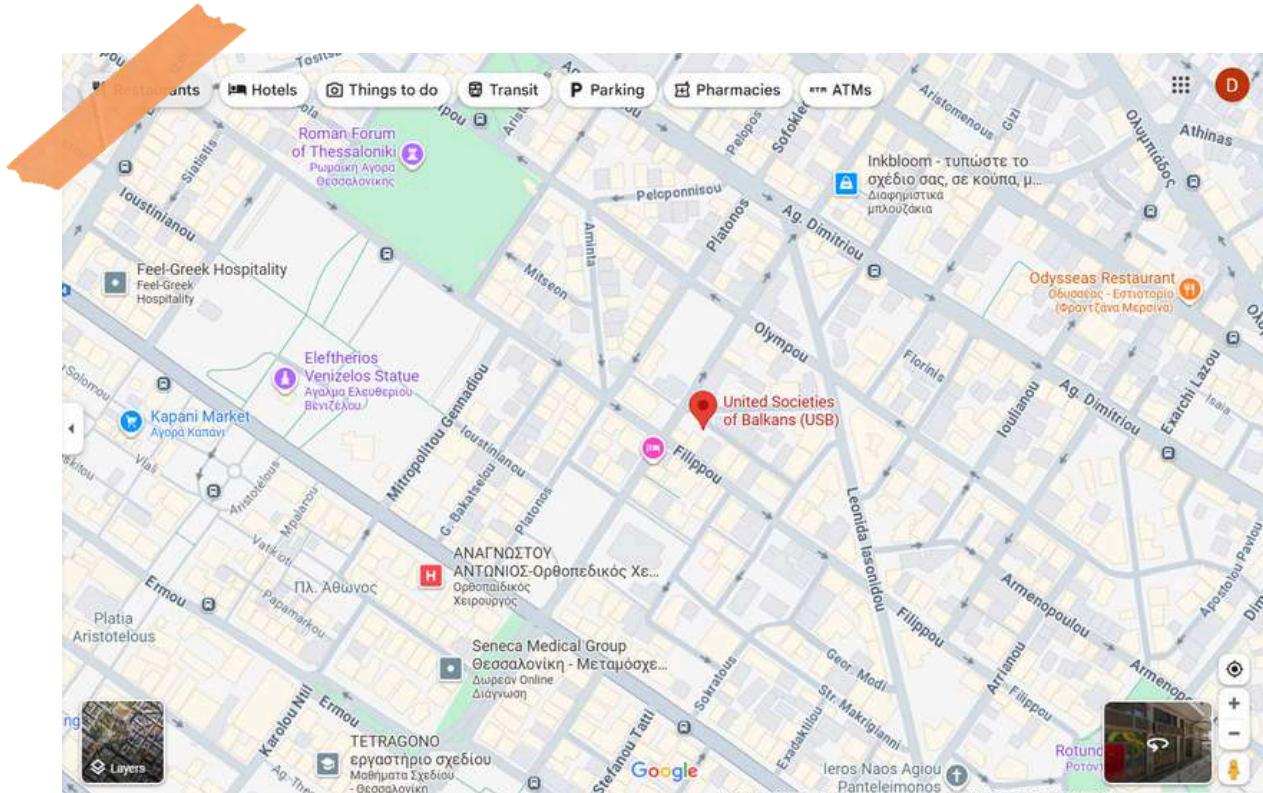
The bus from/to the airport is available approximately **every 20-30 minutes** and it the **ride lasts around 40-50 minutes** (depending on the traffic).

The **single ticket** from/to the airport **costs 2 euros** (1 euro discounted for Students, large-family members, persons aged over 65 yrs, persons with over 67% disability).

There are **automated machines** near the bus stop to get your ticket, or a **ticket issuing booth** that is operating during the working hours.

Meeting Location

The office of **United Societies of Balkans (USB)** is located in the city center of Thessaloniki at [Alexandrou, Delmouzou 8.](#) This will be our meeting point for all days of the Study Visit!



Accommodation

Accommodation will take place at [**STAY Hybrid Youth Hostel**](#) which is located at the centre of Thessaloniki in the street Ionom Dragoumi 61.

The hostel has a rooftop terrace with views of Thessaloniki. There's a shared kitchen, 24-hour reception & free WiFi in all areas of the hostel. The hostel also has plenty of common rooms.

Participants should bring their own shampoo, shower gel, slippers and any other personal hygiene items they need. Hair dryers are available for free at the reception, and **a towel kit will also be provided to each participant** of the study visit.



The City

The metropolis of Thessaloniki has a **population of over a million** and is the **biggest city in the northern part of Greece**. It is built by Thermaïkos and Strymonikos Gulf, on fertile grounds resting beside the Rivers of Axios, Gallikos and Loudias, as well as the lakes Koroneia and Volvi.

Findings prove that Thessaloniki has been inhabited since prehistoric times, marked by **multiculturalism**, yet its present day modernised state is charmingly intertwined with archaeological sites, byzantine churches and other significant monuments from the past.

Thessaloniki is a **busy, bustling city** at all times of the day but especially at night when it becomes brighter and colourful.

Points of Interest

01 MONUMENTS
Byzantine Baths

02 MONUMENTS
The walls of Thessaloniki

03 MUSEUMS
Archaeological Museum of Thessaloniki

04 MONUMENT
The White Tower

05 MONUMENTS
Palace complex of Galerius

06 MONUMENTS
Heptapyrgion

07 MONUMENTS
The Rotunda

08 SCULPTURES
The Umbrellas

09 SCULPTURES
Statue of Alexander the Great



ESSENTIALS

What to bring with you

In February, temperatures in Thessaloniki, Greece will be cold around around 2 °C to 11 °C.

Therefore, we recommend that you bring **warm clothes with you**. You can bring a thick sweatshirt, gloves and a hat in case it gets colder at night.

- Passport or ID
- E-tickets, boarding passes, invoices, receipts
- European Health Insurance Card (EHIC blue card)
- Warm clothes
- Hygiene products
- Any medications you may be taking
- Something typical for the intercultural evening (food, drinks, specials etc)
- A small umbrella
- Sunglasses
- Reusable water bottle
- Positive attitude, willingness to participate and smiles!



Commuting

Metro

Ticket can only be purchased with change or small bills directly from the metro stations. Tickets are rechargeable.

Fun Fact

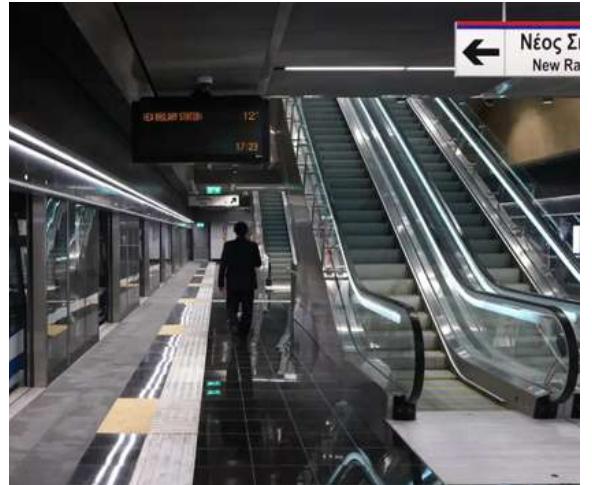
Many antiquities discovered due to the construction are on display at permanent in-station exhibitions, while the major discoveries can be found at station Venizelou. These make up the world's first publicly-accessible open-air archaeological site contained in situ within a metro station.

Basic Ticket

Full Price: **€0,60**

Reduced Price: **€0,30**

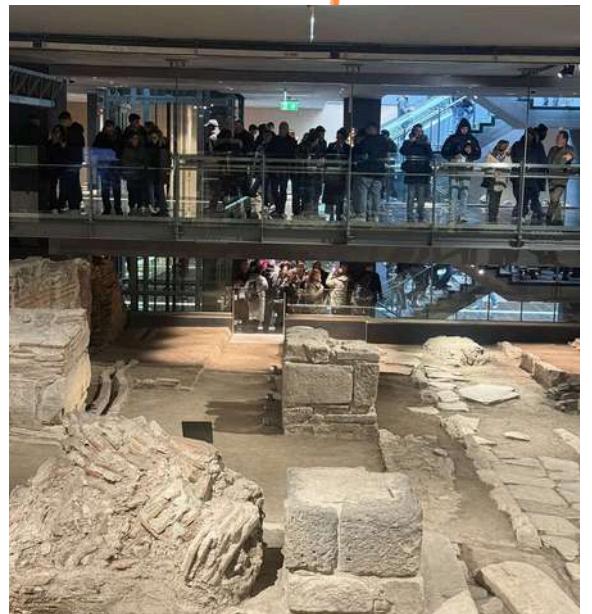
The basic ticket is valid for 70 minutes from its validation upon the first boarding, allowing unlimited journeys on the metro within this time frame.



Daily Ticket

Full Price: **€2,50**

The daily ticket is valid for 24 hours from its validation upon the first boarding and allows unlimited use on the metro within this time frame.





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you
soon



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